

7 DEVASTATING MISTAKES

THAT PUSH MEN AWAY



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7 Devastating Mistakes That Push Men Away

One of the most common things women struggle to understand is why men pull away from dating and relationships. Things might seem to be going well, but then suddenly, the man withdraws with no explanation.

Many times, women make mistakes to push men away without even realizing they did anything wrong. Even a simple mistake can stop the most promising relationship dead in its tracks and send a man running for the hills.

Are you sick of feeling confused and frustrated by men who give mixed messages? Does it seem like the only way to land a man is to play games, follow specific rules, or play hard to get?

Are you the type of woman who has no problems attracting men, but you never seem to attract the right kind of men?

Do you find that the men you date eventually lose interest?

This short report is going to reveal the most common mistakes women make that push men away. Becoming aware of these mistakes will empower you to make better choices when it comes to men and relationships.

These mistakes are all too common, and most women actually think they are attracting men rather than pushing them away when they make them.

If you have already made some of these mistakes, don't worry about it. Making mistakes is how you learn and better yourself. Everyone is bound to stumble at some point, so why not look at your mistakes as getting you one step closer to success?

Mistake #1: Buying Into Stereotypes

Do you buy into stereotypes about men? Some examples are: men are pigs, men are jerks, men are liars, men are cheaters, men are only out for sex, all the good men are taken, or it's a man's world.

Although it can seem harmless to vent to your girlfriends or get together and complain about men every now and then, it can actually be harmful to your relationships.

It's one thing to vent about one man in particular, but when you start blaming all men in general, you blind yourself from all of the other possibilities that exist. Although some men are pigs, there are also a lot of amazing, caring men out there too.

Women who believe in stereotypes or have an attitude against men usually do not have successful relationships with men. This is because these beliefs become self-fulfilling prophecies.

Have you ever heard of the law of attraction? This is the idea that whatever thoughts you put out is what you will attract into your life.



For example, if you believe men only want sex, you will attract men who only want sex. Let's say you are dating a guy who uses all the tricks in the book to get into your pants, and you sense that he's only interested in you for sex. You continue seeing him anyways because you think all men are like that.

Since you don't believe there are any better options, you settle for this loser. If you knew that there were other men out there looking for meaningful relationships, you would cut this guy loose and move on to find a better guy.

Believing in stereotypes can unknowingly influence you to manifest your beliefs about men into your relationships. We truly do create our own realities. If you don't actually believe there are good men out there, you probably won't attract one into your life.

Men can also pick up on your attitude and it often pushes them away. When women are bitter or frustrated towards men in general, it usually influences their actions and the way they relate to men.

Think about it the other way around. Have you ever been around a man who had an attitude against women? I bet you picked up on it pretty quickly. You could probably sense it by the way he spoke to you or the way he reacted to you.

If you want to have better relationships with men, take a look at whether your beliefs about men affect the way you interact with them.

Of course, we've all had bad experiences with men at some point, but the more you can set aside your feelings about one specific guy and realize that there are good men out there too, the better your relationships will be.

Mistake #2: Holding Back Your Opinions To Please A Guy

Do you ever hold back your opinions to avoid rocking the boat or because you fear a man will disapprove? Most of the good guys out there are all too familiar with women like this, and they are bored with them!

Being afraid to voice your opinions because you are trying to please a man or looking for approval is actually a turn off.

Quality men appreciate when a woman has a mind of her own and is not too insecure to speak up. They like to be challenged by women rather than having someone agree with them all the time.



If your main focus is on trying to please a man, rather than being your true self and voicing your valuable opinions, you are going to push him away. By holding back your true self and looking to him for approval, you are actually sending him the message that you don't have value.

You should never devalue yourself in order to please a guy. Besides, you will end up pushing the good guys away because they are not attracted to women who are always looking for approval.

Rather than worrying about what a guy will think, focus on being yourself and know that quality men appreciate a woman who has her own opinions and isn't afraid to speak up.

Mistake #3: Giving Compliments

It might seem strange to say that you should not give a man compliments. After all, who doesn't like getting a compliment?



It's fine to give a man compliments if you are truly sincere. Men do appreciate a genuine, heartfelt compliment every now and then. However, you don't want to overdo it because it can push a man away.

The reality is that men just don't place a lot of value on compliments from women. Complimenting a man and showering him with praise can kill the attraction and make him pull away.

Men don't want to feel like you're babying them, they want to feel masculine. Praising them to make them feel better about themselves is going to make them feel less masculine and less attracted to you.

You want to make your man feel like a man. Showing appreciation builds attraction more than complimenting a man.

Instead of giving your man a compliment, let him know when you appreciate something he did. He will value this a lot more than a compliment because it will make him feel useful and more masculine.

Men like to feel acknowledged and appreciated, not complimented for material or superficial things. When a man feels you truly appreciate him, it helps build attraction and create a deeper connection in the relationship.

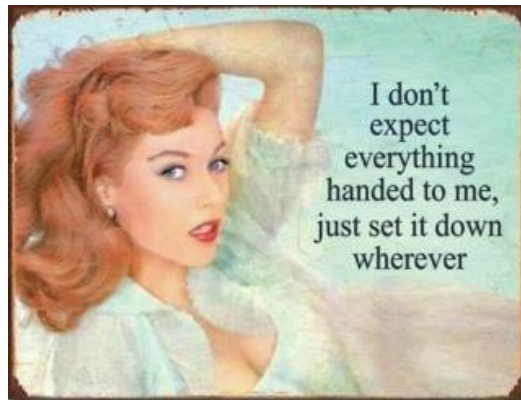
Mistake #4: Having Expectations Of What Men “Should” Do

Do you have expectations of what a man should do in a relationship to prove his commitment? Do you think he should call you every night, drop what he's doing and be available when you need him, or spend less time with his buddies?

Whatever it is that you think your man “should” do, those expectations are restricting his freedom and are going to push him away. Men value their freedom, and whenever they feel they are losing it, they are going to want to run in the other direction.

This doesn't mean that you should settle for a guy who does whatever he wants and doesn't take you into consideration. It just means that you shouldn't approach a relationship expecting a guy to do certain things, as though you are entitled to it.

There's a difference between expecting a man to commit because he owes it to you versus being the kind of woman he wants to commit to. Whatever it is that you think a man “should” do, you've got to add value to the relationship so that he chooses to do those things, rather than it being expected of him.



Nobody is entitled to anything in a relationship. We've all got to earn it by giving as much as we take. This is true of men as well.

Let's say you were dating a man who expected sex from you, as a need that should simply be met by you. Would you like that?

Wouldn't it be a lot different if he actually paid attention to what turned you on and made you want sex as badly as he did so that it benefited you as well?

Having expectations of what a relationship “should” be like is one of the biggest mistakes you can make that will push men away. Once you stop expecting things from a man and focus on adding value to the relationship, he will want to commit to you naturally.

Mistake #5: Thinking Too Far Ahead

One of the biggest mistakes women make in dating is thinking too far ahead and getting too serious too soon.

When you start sharing your feelings or making future plans before a guy has gotten to that point, he will sense that you are more invested in the relationship than he is and pull away.

Too much too soon will push a guy away every time.

The problem is that women have a tendency to imagine the future of a relationship, jumping way too far ahead. Guys are completely different, taking things one step at a time.



We've all been there. You start dating a guy and you imagine what it would be like to get married to him and have his children. It's a natural thought process for a woman.

There's absolutely nothing wrong with having these thoughts, but you've got to rein it in.

Relationships fall apart when one person leaps too far ahead of the other. When you start building a relationship up into something it could be in the future, rather than what it is right now, you're going to push your guy away.

Men have a primal instinct, hard-wired into their brains, that makes them want to chase after women and claim the best one. They like to compete for the prize and win.

Men need to feel like they won a prize in choosing the woman they want to commit to.

If you force a relationship on a guy by getting ahead of him and getting too serious too soon, he's not going to feel like it was his choice.

Instead, you should focus on building up enough attraction so a guy feels strong enough for you to commit to you on his own. That way, it is his choice.

When you put all your eggs in one basket with one guy too early into dating, he's going to sense that. You will be too available and he will lose interest. Until a guy commits to you, you need to keep your options open and continue dating other guys.

Dating multiple guys will prevent you from getting too attached to one guy too soon. When you keep your options open and aren't too available, guys will see you as a hot commodity that they need to lock down.

Mistake #6: Needing A Guy

Remember the famous “you complete me” scene in *Jerry Maguire*? What woman didn't swoon during that scene?



The problem is that real life doesn't work the way it does in the movies. In real relationships, it doesn't work if you are looking for someone to complete you. Instead, you should be looking for somebody who complements you.

You should already be a complete person if you want to have a fulfilling relationship. Looking for a man to complete you or make your life better is only going to lead you to desperation and neediness in your relationships.

Needing another person in your life will only serve to make you act needy. When you come from a place of neediness, guys can sense that you are depending on them for your well-being. This makes them feel smothered and trapped, and pushes them away.

Living a balanced, fulfilling, enjoyable life as a single girl is the key to eliminating a needy state of mind.

The best relationships happen when you already have a fulfilling life, not when you're in desperate need of a man to feel fulfilled.

If your relationship is the one and only source of happiness in your life, you've got a problem. Relationships should be the "icing on the cake," meaning that you'd be ok with or without it. This puts you in the best position to have a genuine connection with a man, minus the neediness.

Mistake #7: Having Low Self-Confidence

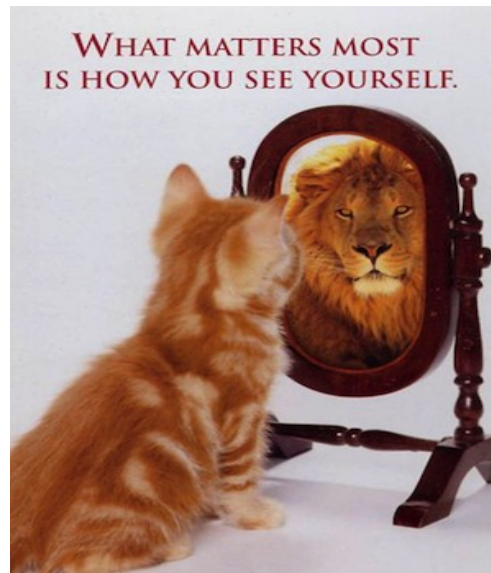
Do you feel like you're "not enough?" Do you find yourself looking to a man for approval? If you act as though you are unworthy of a man and constantly try to impress him, you are going to push him away.

When you place a low value on yourself, guys will treat you as though you have little value as well. Men are not attracted to women who have no confidence and low self-esteem. They just don't see these kinds of women as girlfriend material.

When you don't value yourself, why would a man value you? If you don't think you're enough, why would a man think so?

On the flip side, confident women have a magnetic energy that attracts men like a moth to a flame. When you radiate inner confidence, guys will be tripping over themselves to get to you.

To radiate inner confidence, you've got to love yourself and be comfortable in your own skin. You've got to believe that you are a catch and any man would be lucky to have you. You have to see yourself as the prize that men have to work for to win.



Part of seeing yourself as the prize is not allowing any guy to reduce your value by treating you in a way you don't want to be treated. If a guy acts in a way that is unacceptable, don't accept it!

When you value yourself, men will respond and treat you accordingly. When you make yourself the prize and make a guy work hard to earn you, he's going to want you even more. Men value women they have to work for.

Closing Remarks

I hope you gained a lot of insight reading this report. Of course, you are probably not making all of these mistakes, but many women have a tendency to fall into these traps and sabotage their relationships with men.

I hope you discovered at least one helpful piece of advice in this report that you can take action on today to start improving your love life.

For more helpful advice and actionable tips on understanding and connecting with men, stay tuned to my newsletter.

I save my best tips for my subscribers and share a lot of my own personal experiences. My goal is to bring you valuable content that you can take action on immediately to improve your relationships.

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